

TOUCHSTONE'S POSITIVE PARENTING PROGRAM (TRIPLE P)

Triple P is an **Evidence-Based Curriculum** designed to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family challenges without ongoing support. This **8-session** program aims to promote positive, caring relationships between parents and their children to help parents develop effective management strategies for dealing with various childhood behavior and common development issues. Each session is about an hour and a half long. Parents get to take home a workbook and get a certificate along with a **gift card** for participating in the program.

Each Session is composed of the following topics:

Session 1: Positive Parenting

Session 2: Helping Children Develop

Session 3: Managing Misbehavior

Session 4: Planning Ahead

Session 5: Using Positive Parenting Strategies 1

Session 6: Using Positive Parenting Strategies 2

Session 7: Using Positive Parenting Strategies 3

Session 8: Program close

Dates:

Tuesday, January 25, 2022
Tuesday, February 1, 2022
Tuesday, February 8, 2022
Tuesday, February 15, 2022
Tuesday, February 22, 2022
Tuesday, March 1, 2022
Tuesday, March 15, 2022
Tuesday, March 22, 2022
Tuesday, March 29, 2022 (if needed)

Time: 11:00 am-12:30 pm

Location:

Alhambra Family Resource Center
4432 W. Maryland Ave,
Glendale, AZ 85301



If you have any questions on this program or would like to register, please contact your **School's Parent Volunteer Coordinator**.



TOUCHSTONE HEALTH SERVICES

www.TouchstoneHS.org



CARE COALITION

www.Carecoalitionaz.org

