

# Is it a cold or flu?



## Signs and Symptoms

Symptom onset

Fever

Aches

Chills

Fatigue, weakness

Sneezing

Stuffy nose

Sore throat

Chest discomfort, cough

Headache

## Influenza

Abrupt

Usual

Usual

Fairly common

Usual

Sometimes

Sometimes

Sometimes

Common

Common

## Cold

Gradual

Rare

Slight

Uncommon

Sometimes

Common

Common

Common

Mild to moderate

Rare